

# Kindness Bingo

Give a genuine compliment	Hold the door open for someone	Smile at someone who looks sad	Help a friend with their work	Say "please" and "thank you" all day
Pick up litter in your classroom or school	Invite someone new to play with you	Write a thank-you note to a teacher or friend	Help someone without being asked	Let someone go ahead of you in line
Tell a joke to make someone laugh	Help clean up after an activity	Ask someone how their day is going	Say "good morning" or "good afternoon" to three people	Help a classmate or sibling with a task
Tell someone why you appreciate them	Encourage someone who seems nervous	Say "I'm sorry" if you make a mistake	Tell a friend something you like about them	Compliment someone's effort in a game or activity